

SEPTEMBER 2014

# SHEPHERD OF THE VALLEY LUTHERAN CHURCH NEWSLETTER

Volume I, Issue I

Shepherd's Office Hours;  
Mon-Thurs. 8:00 - 1:00 p

Pastor Randy's Office  
Hours;

(On medical leave)

Temporary Pastor

Brian Brandt

Tues. - Fri

10:00 - 2:00 p

And by appt.

Office phone;

503.645.4994

Sovlutheran.com

Fall Worship Services

8:30 a & 11:00 a

9:45 a Sunday School

## Inside this issue:

Pastor Brian's message	2
Council President	3
Red Cross	4
Parish Education	
Volunteers Needed	
Kids of the Kingdom	5
Social Concerns	
Parish Nurse/	6
Stroke clinics	
Fellowship	7
Adult Bible Study/	
Home Group	
Birthdays	8
Anniversaries	
Prayer Shawl	9
Men's Night	
Ladies Dinner	10
Thank you	
Calendar	11

"A caring community  
touched by Christ,  
touching others for Christ"

## Youth Group Update



If you are entering 6-12th please plan to attend the youth group meeting on **September 14th** between services to help plan meeting times and activities.

If you are interested in attending the ELCA Youth Gathering in Detroit July 2015 please check out the ELCA website and Facebook page to find out what's been going on and what to expect. Remember you have to be going into high school Fall 2015 or just graduated 2015 to be eligible for the trip.



## Pastor Brian's Message

### Pastor Brian on Adult Christian Education

Friends, adult Christian education is starting up again, so we need to figure out what to do. We'll begin on September 14, a week after Rally Sunday. Our first two Sundays feature presentations on the prevention of strokes and on care for those who suffer from strokes by two medical specialists who worked with Pastor Randy at the Rehabilitation Institute of Oregon. (See Karen Sugiyama's article in this newsletter.) Those will take place on September 14 and 21. I propose to take the next Sunday, September 28, to discuss what we want to do for adult Christian education during the rest of the fall term.

We did some brainstorming about this last spring. One topic that generated a lot of interest was getting cultural and historical background about the Bible, especially New Testament. If that's what we want, there is a useful book. It's *The New Testament: Its Background and Message* by Thomas D. Lea and David Alan Black. It's a big book (680 pages). But it's written simply and clearly for beginning students and interested readers in congregational settings. We couldn't cover everything in one quarter. But this book would yield gold for years to come for those who want a better understanding of the NT.

Here's another possibility. There's a book by Daniel Erlander called *Manna and Mercy* that would be great for adult Christian education. Erlander is well known in the Pacific Northwest — he was a beloved campus pastor at Pacific Lutheran University in Tacoma. Here's a description of the book from Erlander's web site:

#### ***Manna and Mercy: A Brief History of God's Unfolding Promise to Mend the Entire Universe***

*A 100-page hand-printed paraphrase of the bible, from Genesis to Revelation — a graphic novel of sorts, written with imagination, clarity, humor, and cartoons. Built around the twin themes of food sharing and forgiveness, it helps us to look at scripture with new eyes and rediscover how it can become a means of life and grace rather than destruction and death.*

In fact, there's a web site dedicated to this book: [www.mannaandmercy.org](http://www.mannaandmercy.org). The site has study guides, videos, and other materials that assist our learning from this popular book. Well, those are suggestions from the pastor. But I'm eager to hear your thoughts on adult Christian education this year. Let's gather after fellowship time on September 28 to discuss our options and make a plan.

## COUNCIL PRESIDENT'S REPORT

Did you happen to catch Pastor Brian's Newsletter article on Prayer last month? If you didn't, it is definitely worth reading! "Pray with Confidence, God listen's to all prayers and responds". We saw this first hand on Labor Day Sunday.

Pastor Randy leading us through Communion

Rudy & Mert attending Service

The many exciting happenings going on at SOV

We look forward to Rally Sunday our kick off for the Sunday School Year and New Member Recognition.

We have a newly formed Music Committee that will be working with Jameson, Director of Music, to give SOV a healthy and comfortable quality of music listening experience during worship services. Insight and input by the Congregation to help with hymn selection, upcoming concerts and events will be very much appreciated.

We have Lynn facilitating the Social Media Group to develop a Policy that will unify standards and procedures with the many communication vehicles available to SOV.

We have a SOV Church Council Retreat scheduled for October 11, 2014 at The Reserve.

Shepherd of the Valley is a thriving community and with your continued prayers, we will continue to do God's work in Reaching Up, Reaching Out and Reaching In.

Calvin Sugiyama & Jim Tabor

Co-Presidents

***Shepherd of the Valley*** is proudly sponsoring an American Red Cross blood drive Monday, September 15th 1:30—7:00 pm

*We encourage all eligible persons to help our local community by giving the gift of life. The blood donation process takes about an hour of your time and could save up to 3 lives.*



First time donors are welcome! For more information and/or to schedule your appointment to donate- blood please call 800-787-9691 or 503-284-4040.      **Walk - in's Welcome**

## Parish Education....Submitted by Stacie S.

Rally Sunday will be September 7th  
Start of Sunday School classes September 14th



## VOLUNTEERS NEED

- ⇒ Sunday Kitchen Cleaners
- ⇒ Sunday Ushers
- ⇒ Sunday Fellowship Treat providers (baked or homemade)
- ⇒ Communion Bread Bakers (recipe provided)
- ⇒ Committees; altar guild, worship, stewardship, property, fellowship, social concerns, evangelism

PLEASE SIGN UP ON THE CLIP BOARDS IN THE FELLOWSHIP AREA OR CONTACT TAMMY IN THE CHURCH OFFICE.

## Kids of the Kingdom Christian Preschool and Kindergarten

Kids of the Kingdom Christian Preschool and Kindergarten is back to school this month. We are happy to announce the addition of Stacie Sandow to our staff who joins Linda Rasmussen, Hannah Benedict and Wendy Roeder. Our Kindergarten and Preschool 3's class still have spots, so spread the word for us.

Thanks to the volunteers this summer who helped to get us ready for the fall: Peggy Vermaas who does a wonderful job on the landscaping and Michael and Skylar Johnson who pressured washed the concrete patio and painted the railing. Also, a thank you to the KOK Board who help this ministry continue. If you would like to join the Board or volunteer at the school, please contact Wendy Roeder, Debbie Johnson or Lisa Ramsey Barnes.

Please remember that in October we begin our Christmas Greens fundraiser for KOK's tuition assistance fund. The greens are local and very beautiful and fresh and arrive the latter part of November.



## Social Concerns...Submitted by Linnea

SOV continues to support families by providing essential cleaning and personal items through our GEM (Gap Essentials Ministry). Families are screened by Love INC and referred to SOV for the supplies. We are currently serving two families a month, and would love to serve more. The next time you are shopping, please pick up some items to supply the program. Especially needed at this time are:

- All-purpose cleaner
- Window cleaner
- Dish soap
- Facial tissue
- Laundry detergent

Donations can be brought to the church and placed in the Love INC barrel in the narthex.

## Parish Nurse News.... Submitted by Karen S

### MARK THESE DATES!!!

### PLAN TO ATTEND THESE TWO STROKE AWARENESS HEALTH SESSIONS

Bringing Beaverton and surrounding areas together to help fight **STROKE** in our community

**First Event Date and Time: Sunday, September 14th, 2014**  
from 10:00 am to 10:45 am

Guest Speaker: **Dr Diane Pierce**, PhD. a clinical Neuropsychologist, will be sharing with us the psychological aspects a stroke patient experiences and ways to help stroke victims and/or their families go through the healing process.

**Second Event and Time: Sunday, September 21st, 2014**  
from 10:00 am to 10:45 am

Guest Speaker: **Dr Jamie Schmeer**, DO, a Licensed Physiatrist, will be sharing with us what causes a stroke to occur, risk factors, prevention techniques, treatments offered and the prognosis after a stroke.

Location of both sessions: Shepherd of the Valley Lutheran Church, 17625 NW Cornell Road, Beaverton, Oregon, 97006

Come with lots of enthusiasm to learn from these two Doctors!

Both currently work on the Rehabilitation Unit at Good Samaritan Hospital in Portland, Oregon. This was one place where Pastor Randy received therapy before returning home. We really appreciate these two Doctors for taking time out of their busy schedules, to share with us this important information. Feel free to ask lots of questions! Hope to see all of you there!



## Fellowship News...Submitted by Lynn G

Fellowship committee welcomes all of its new and returning members.

It is a fun committee with all kinds of great activities and opportunities to serve SOV.

The activities that the committee is involved in the near future are:

- ♦ Rally Day/New Member - Sunday, Sept. 7. We will assist Parish Ed in providing food and activities for the children and everyone.
- ♦ Neil and Delores Austin's 70th anniversary celebration following late service September 14th
- ♦ Pastor Randy's 60th birthday celebration. September 21, at 5 PM, pizza party – look for a sign-up sheet and the opportunity to reserve your spot to help Pastor Randy celebrate his milestone birthday
- ♦ Giving Thanks Dinner –Sunday, November 5. - Fellowship will anchor the food, theme and set up. The dinner is having a German Fest theme with sausages and turkey for food and polka music and dancing as part of the entertainment
- ♦ All church luncheon- Thursday, September 25 and Thursday, October 23- come for the food and friendships and stay for the activities and fun!



The organization of the ladies dinner has been taken over by Tammy McDonald and Deann Ashenfelter.

### Adult Bible Study Home Group

Join a small, home-group Bible study to encourage, empower, and equip Lutherans in our call to care for creation. *Awakening to God's call to Earthkeeping* is provided by ELCA. Topics include rediscovering Biblical foundations, our place and God's presence in creation. Caring for creation is an essential component of religious faith and witness. Faithful earth keeping can deepen our relationship with God and the world.

Time/date: 7-9 PM, 6 sessions, September 21- October 26

Hosts/Location: Judith Hedberg-Duff and Scott Duff's home

Cost: None, materials provided, bring a Bible

Sign up before September 21 and pick up map and reminder note





## SEPTEMBER BIRTHDAYS

3 Julia K	11 Katrina T
4 Rudy W	12 Darleen HD
5 Linda G	12 Ben M
6 Emery G	16 Randy S
7 Les P	17 LeeAnn B
8 Deb MK	17 Amy S
9 Christine E	18 George K
9 Taylor M	18 Aaron S
9 Erin T	19 Hannah R



God's Blessing  
For a  
Joyful New Year  
In  
Life!

## SEPTEMBER ANNIVERSARIES

*Ben & Denise Miles  
September 3rd*

*Dan & Amy Silvey  
September 12th*

*Rich & Sue Muza  
September 3rd*

*Neil & Dolores Austin  
September 13th*

*Sam & Kristi Ray  
September 5th*

*Kevin & Ming Lee Huggins  
September 8th*





## PRAYER SHAWL MINISTRY



Meeting Monday, September 15th at 7:00 pm

Thursday, September 25th 1:00 pm (following the All Church Luncheon)

Bring your knitting needles. Have lunch with the group followed by fellowship with the prayer shawl knitters/crocheters.

### MEN'S NIGHT

**Thursday, September 4th**

6:30 PM @ Lil' Cooperstown

2947 SE 73rd Ave  
Hillsboro, OR 97123

ALL MEN INVITED FOR FOOD AND FELLOWSHIP



### Scrip Order Sunday

September 7th

Thank you for your ongoing support.

Scrip is Fundraising  
While You Shop!™



### Just a reminder

All are invited to SOV's All Church Luncheon

Held on the last Thursday of each month @ 12:00 p

No need to RSVP or bring anything. Just come, visit and enjoy!

Next one September 25, 2014

**OCTOBER NEWSLETTER ARTICLES ARE DUE SEPTEMBER 23RD**

### ***Greetings from the ladies dinner group.***

On September 2 we will visit a Mexican restaurant suggested by Enith called Allan's Mexican Restaurant. It is located at 18305 NW. West Union Rd. The restaurant is located in the Albertson's shopping center on the corner of 185th and West Union

### **Ladies Dinner Group**



### ***Thank you Lynn and Vesper for hosting the Ladies Dinner Group.***

Deann and Tammy will be your new hostesses, as always we encourage your input about places to eat or activities to do.

All dinners start at 6:00 pm. Whenever the restaurant has a website we will include it so you can check out the menu and prices if it's a restaurant you are unfamiliar with. All of the restaurants are suggestions by SOV members.




## **THANK YOU -----GRANDMAS and GRANDPAS**

I was very happy (but not surprised) to you all in your generous and enthusiastic response to a request to support our Sunday School Rally Day with Snacks and Balloons. We realize that our young children / youth are the greatest treasures of our church !! Thank you for the snacks, balloons and monetary donations and a big thank you to our Parish Education Comm. and the Teachers for their dedicated service ! May we continue to pray for our children, parents and teachers as our Education Program unfolds and be ready to assist them in future needs ! Thank you and God Bless you !

Grandma Corrine and Grandpa Larry

**OCTOBER NEWSLETTER ARTICLES ARE DUE SEPTEMBER 23RD**

# September 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 KOK Kindergarten 9:00 - 1:00 p 6:00 p Ladies Dinner @ Allen's Mexican Restaurant	3 KOK Kindergarten 9:00 - 1:00 p 7:00 - 8:30 p SOV Choir	4 KOK Kindergarten 9:00 - 1:00 p 6:30 p Men's Night @ Lil Cooperstown KOK Orienta- tion 5:30 - 7:00p	5 	6 SOV Choir 10:00 - 11:30 a
7 Fall Worship 8:30 & 11:00 a  Rally Sunday New Members Scrip Orders Birthday & Blood Pressure  1:30 p OEC	8 KOK Preschool/kind 9:00 - 1:00 p  	9 KOK Preschool/kind 9:00 - 1:00 p	10 KOK Preschool/kind 9:00 - 1:00 p 7:00 - 8:30 p SOV Choir	11 KOK Preschool/kind 9:00 - 1:00 p 7:00 La Leche League (LLL)	12 KOK Preschool 9:00 - 11:30 a  Confirmation Class 6:45 - 10:00 p	13 SOV Choir 10:00 - 11:30 a
14 8:30 & 11:00 a 9:45 a Sunday School all ages Youth Group mtg 9:45 a 70th Anniversary/ Austin's 1:30 p OEC	15 KOK Preschool/kind 9:00 - 1:00 p 1:30 - 7:00 p Red Cross 7:00 p Prayer Shawl Ministry	16 KOK Preschool/kind 9:00 - 1:00 p  Happy 60th Birthday Pastor Randy	17 KOK Preschool/kind 9:00 - 1:00 p 7:00 - 8:30 p SOV Choir	18 KOK Preschool/kind 9:00 - 1:00 p 10:00 a La Leche League	19 KOK Preschool 9:00 - 11:30 a	20 SOV Choir 10:00 - 11:30 a  
21 8:30 & 11:00 a 9:45 a Sunday School all ages  1:30 p OEC	22 KOK Preschool/kind 9:00 - 1:00 p	23 KOK Preschool/kind 9:00 - 1:00 p  	24 KOK Preschool/kind 9:00 - 1:00 p 7:00 - 8:30 p SOV Choir	25 KOK Preschool/kind 9:00 - 1:00 p 12:00 p All Church Luncheon 1:00 p Prayer Shawl Ministry	26 KOK Preschool 9:00 - 11:30 a  Confirmation Class 6:45 - 10:00 p	27 SOV Choir 10:00 - 11:30 a
28 8:30 & 11:00 a 9:45 a Sunday School all ages  1:30 p OEC	29 KOK Preschool/kind 9:00 - 1:00 p	30 KOK Preschool/kind 9:00 - 1:00 p	