SHEPHERD OF THE VALLEY LUTHERAN CHURCH NEWSLETTER

Volume I, Issue I

Shepherd's Office Hours; Mon-Fri. 8:00 - 12:00 p

Pastor Randy's Office Hours; Tues-Fri 9:00 -12:00 (by appt after 12:00) Office phone; 503.645.4994 Sovlutheran.com

Worship Services 8:30 a & 11:00 a Nursery available at both worship services

Sunday School for all ages 9:45 a

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"A caring community				

touched by Christ, touching others for Christ" YOUTH GROUP NEWS...

HS Outings

May 4th; Bowling 1-4 p

June 1st; HS Girls Sleepover





MS Outings

May 4th; Bowling 1-4p

June 20th; Day at the Beach

Youth Group Fireworks Stand

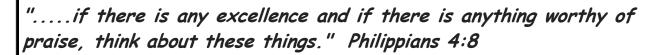
June 27—July 5

Watch for more information and sign

up sheets.



PASTOR'S PAGE



What an excellent idea, but is it realistic? Maybe not all the time. The pain of the world can make it seem an impossibility. We can feel pretty beaten down. Sometimes in the church community itself that kind of thinking seems far from us. To focus on things of excellence and worthy of praise seems far from us. When we bad mouth those around us, undermine each other, constantly look for what is wrong, it is far from what Paul is urging us toward here.

This is not about closing our eyes to the troubles and challenges around us, but instead strengthening ourselves to face them. Maybe a moment on a recent Sunday morning points to that in part. We were in the midst of the prayers of the church, offering up the names of folks in our midst and beyond, in need of healing, in need of our thoughts and prayers. It is a sobering time. Then there was the sound of Kyra, since turned one year old, sing songs as only a baby can, and then we gave thanks for the singing of a baby as well.

It was a reminder of why we offer up our concerns in the first place. We are witnesses to a God who provides much "excellence" and much "worthy of praise". May we indeed "think about these things" when they seem far from us. May we be reminded of grand hope in many ways.

In praise of the Creator of all things, Pastor Randy

COUNCIL PRESIDENT'S REPORT... Submitted by Lee Bonacker

This time last year, we were discussing the new mission statement for Shepherd of the Valley, which the Strategic Task force developed. This last Sunday, Pastor reminded us of the mission statement again during the sermon. It's particularly timely since now is the time of year when committee memberships are renewed and the new Executive Committee is elected.

Provide a safe and accepting place to celebrate God's grace. Invite and engage the curious. Reach out to the world in love and service. Strive to be an example of how the Lord would live in today's world.

The mission statement seems like a natural outgrowth of that agape love Pastor discussed this last Sunday. That love is above the kindly feelings we have in friendship, as nice as that is. As Pastor said, it's an effort of will. How will we react to each other? How will we build bridges when daily pressures and interpersonal conflicts make us want to run the other way? I believe that God gives us all a little spark that helps us want to make that effort of will. It's not a natural reaction when we are hurt. It has to be divine. It's an amazing thing that God can help us move beyond ourselves and towards other people.

Here at Shepherd, we have a safe place to act in that love and to be affected by it. How do you see yourself fitting into and implementing the mission statement? In terms of service, there will be opportunities in this upcoming new church year. At council it was said, "Shepherd isn't the type of place where 20% of the people do 80% of the work. It's the other way around." That's one of the great things about this church. There will be some information available during the next couple Sundays about the various committees that operate at Shepherd. Take an opportunity to talk to a committee member about what they do. You may find a whole new way to offer help that benefits you as much as the church.

Speaking about committees, Fellowship has some great activities planned this summer. There are baby showers, and a wedding shower, plus a block party. So remember to read your bulletin and the website to see all that's happening. Please also check for the memorial this next Saturday for Helen Jean. She will be very much missed, but now she is surrounded by joy and that love we were just talking about.

The youth's garden has been built and will be planted next Saturday. Mr. Potato Head has been put to good use to fund the raised beds over by the sidewalk and the storage shed. The plan is to be able to offer tomatoes, cucumbers, etc. for the Fellowship table on Sundays. There is still a need for Parish Ed, as almost the whole committee has finished their terms. A lot of thanks goes out to the Parish Ed team of years of service and creativity for the children of Shepherd.

As the weather warms up, let's be alert to those moments of beauty around us that Pastor often mentions in the weekly newsletter. Today the birds were remarkably melodic and lovely, in the neighbor's backyard at my house. There is so much to be thankful for, even the small, perfect moment in a bird's song.

Celebrating 50 Years of Ministry

Hello to Family and Friends,

50 years go in June, Al graduated from Luther Seminary and received a call to Trinity Lutheran, Birchwood, Wisconsin and Long Lake Lutheran, Sarona, Wisconsin. He was ordained in his home church in Estherville Iowa and began his ministry July 1, 1963. We will celebrate his 50 years of ministry on Sunday June 23rd at 10 am, at Lacey Presbyterian Church, 3045 Carpenter Road, Lacey, Washington. Al will preach that Sunday, and we will have a Norwegian reception following the church service. We would love to have you come and worship and celebrate with us. Whether you are able to come or not, I am inviting you (if you'd like) to write a note of some memories you have when Al was your Pastor. These can be sent snail mail or email. Email address is masolmonson@yahoo.com and the home address is 2840 28th Lane NE, Olympia, Washington 98506.

Al has had a wonderful 50 years of ministry and I have been lucky to have been part of his ministry for 16 of these years. From Birchwood, he went to Messiah Lutheran in Vancouver, Washington. It was Al's idea for Messiah to spawn Family of Christ Lutheran Church in nearby Felida. His next call was to begin a new church in Anchorage, Alaska during the "building of the pipeline" years. Amazing Grace was born in 1974. His next move was to Newberg, Oregon in 1978. He was Pastor of Zion Lutheran for 5 years and then felt God's call to leave Zion and become the founding Pastor of Joyful Servant in Newberg. With Joyful Servant's "feet on the ground" (five years), in 1988 he accepted God's call to become the "re-development" Pastor at Shepherd of the Valley in Beaverton, Oregon. Al retired from Shepherd of the Valley in June of 1997. In 1999, having just moved into our new home in Olympia, Al came to the hospital to tell me about a telephone call he had just received. All of a sudden to our surprise, Al was called out of retirement to become interim pastor at Gloria Dei Lutheran in Anchorage, Alaska in February, 1999. Both of us were excited, because Gloria Dei was the church Rick and I served at the same time Al and his family were at Amazing Grace. At the end of the interim there, he was asked to become interim pastor at Central Lutheran, in Anchorage. We were there until Christmas 2000.

Al was enjoying retirement, when the call came from the Alaska Bishop asking if we would like to go to Petersburg Lutheran, Petersburg, Alaska. At first we said no, but the second time the Bishop called and asked, we said yes. (Sometimes you have to ask Norwegians more than one time.) Al ended this interim at Christmas 2008, after being in Petersburg for 27 months. Since then we have been sitting in the pew, listening to someone else preach and do "the things" Pastors do.

Al hasn't been "overly enthused" about the attention I want for him. I want his 50 years of being a pastor to be celebrated. He somewhat reluctantly agreed to this focus as long as he was given the opportunity to preach. He loves to preach, and I have had the privilege of being married to two husbands who loved "time in the pulpit" and were pretty good at it.....at least I think so.

So this is it. If you're able to be with us in person on the 23rd of June, I'd (we) love it. If not, I invite you to be there in spirit. It's going to be a fun day!

Love,

Mary Ann



New Beginnings! Wedding and Baby showers!

We are blessed with new beginnings! Three baby showers and a wedding shower are planned starting this month.

May 18 from 2 to 4 PM we will be hosting a baby shower for little Valorie Vermaas, new baby daughter of Megan and Patrick Vermaas. A special invitation with details for the baby shower is included in this newsletter.

June 22 at 5 PM the church is having a wedding shower for Jameson Tabor and his fiancée, Jenna Knudsen. It is an all congregational party. We will be having a potluck dinner. Dessert and beverages will be served. Those attending with their last name starting with A to L are asked to bring a salad. Members with last name starting with M to Z are asked to bring a main dish.



We want to make it possible for everyone to participate even if you can't attend by sharing a favorite recipe or special words of wisdom to be given to Jameson and Jenna at the wedding shower. You are invited to bring it to the

Jenna and Jameson are registered at Target and Macy's. More details will be in the June newsletter.

July 20 from 2 to 4 PM we will be hosting a baby shower for Amy Kingston, daughter of Elaine and Paul Kingston. Amy is having a baby boy. This is Amy's child and Elaine and Paul's

first grandchild. Amy chose Oregon as her home after completing her educational degree. As her parents retired they followed her to Oregon. We look forward to welcoming Amy to the circle of friends at SOV as she expects the arrival of her baby boy.

shower or leave it for them at church.

August 10, 5:30 PM we will be hosting a baby shower for Tabitha McDonald McVey and her husband Gary. Tabitha is due the first of September and they are expecting a baby girl. We will have a pot luck dinner with more details in the July newsletter.



Please mark your calendars for each of these four events. We will appreciate anyone who can help with any of our upcoming showers.

More information will be in the bulletin, newsletter and on our web site. If you need more information please contact Diane, Peggy or Tammy.

Parish Education



The SOV Sunday School teachers will continue present a unit on holy communion through May for the younger elementary aged students.

The older elementary aged students have begun taking turns teaching a lesson they have learned in the past year to their fellow students. Additionally, these students are planning and orchestrating the youth garden. Peas and potatoes have been planted, more to come as the weather warms up. Watering designs and process have been discussed and will soon be implemented.

Our last day of Sunday School will be May 19 - the kids will be given an opportunity to play games reinforcing the lessons taught to them over the course of this past Sunday school year. And they will provided fellowship time where they can enjoy a beverage and some somewhat healthy snacks.

Some of our students will be participating in confirmation during the service on the 19th.

The Parish Education team will be assisting SOV with a block party event in June, in lieu of a traditional VBS program.

Ladies Outings

FYI - At our Round Table Pizza luncheon on March 5 we had 9 ladies attend with 8 using a script card. Our gathering made \$9.60 for SOV. On April 2 15 ladies met at McMenamin's with 3 using script cards

In May we will be going to **McGrath's on the 7th** @ 6:00 pm. The address is 3211 SW. Cedar Hills Blvd., Beaverton. Please think about ordering scrip cards for the dinners in support of the script program

Our June dinner will be on the 4th at 6:00. We will be going to **Outback Steakhouse** at 11146 SW Barnes Rd.

Ladies Dinner Group



On June 8th we will visit the Oregon Gardens in Silverton Oregon. Admission cost is \$9-\$11 (Depending on age). We will leave SOV at 9am and returning at 3 PM. Their website is www.oregongarden.org. Check it out and RSVP by May 20th

ADULT SUNDAY SCHOOL CLASS SERIES

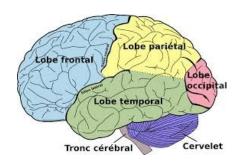
Keep Your Mind For Later Use:

Part 9 of 10

The Role of Sleep in Brain Health: Recharge Your Brain at Night

It is vain for you to get up early and to work very late, eating the bread of struggle, for God gives rest to each beloved one.

Psalm 127:2



Sleep is a wonderful restorative, good for body and spirit, and certainly restorative for our minds. It also appears to be protective of brain health, as shown by a host of studies published in a wide variety of medical journals. The National Sleep Foundation is a nonprofit organization that focuses on the research around sleep and health, such as the following (http://www.sleepfoundation.org/search/node/dementia, accessed 3.20.12)

A study at the University of California, San Francisco which was published in the *Journal* of the American Medical Association (8.10.11) found that older women with sleep apnea may be twice as likely to develop dementia in the next five years as those without this condition.

In a three-year study of 3,286 adults over age 65, researchers in Spain found that those adults who slept nine hours or more every day were almost twice as likely to develop dementia as those who slept for seven hours. *European Journal of Neurology* (3.31.09).

As we age, we generally go to bed earlier and wake earlier. It is important that we do a number of things to protect the 7-8 hours of sleep that we need to stay healthy. Here are ten ideas to help. If these don't work, consider talking with your doctor about other options:

Stay active. Get some exercise and fresh air. Your mother said it was good for you when you were a kid. She is still right. Go outside and play, early in the day.

Turn off all the tubes. Turn off the TV and the computer a couple of hours before you go to bed and turn the lights down lower. Don't turn them back on if you wake up in the middle of the night.

Check your meds. Medications can sometimes cause sleep problems, so check with your doctor or pharmacist about possible side effects.

Keep work in your bedroom. Keep that room for rest and intimate relaxation.

Don't eat or drink too much before bedtime, and avoid caffeine after lunch.

JUNE NEWSLETTER ARTICLES ARE DUE MAY 21ST

KEEP YOUR MIND FOR LATER USE... continued

Don't smoke, and limit your alcohol use to no more than one or two drinks per day.

Naps are ok after lunch, but not later.

Make sure all the little lights (clock, VCR, etc.) are off.

Get a little white-noise machine if that will help to drown out any noises.

Breathe deeply and count your breaths - in, out, 1, in, out, 2.

And don't forget to say your prayers and count your blessings!

SOCIAL CONCERNS COMMITTEE

As you know, *Reaching Out* is one of the main pillars of our strategic plan. Part of *Reaching Out* involves volunteering in our community. In order to better understand how SOV members would like to reach out, we are asking you to please fill out the following survey in one of two ways:

- 1. Online at: http://www.surveymonkey.com/s/32RR67Q
- 2. Starting May 5th, obtain and fill out a paper survey from the usher station and return it to the envelope on the Social Concerns bulletin board in the back of the church by May 19th.

Thank you for sharing your thoughts and time!



Scrip Order Update

MOTHER'S DAY IS MAY 12!

Do you buy groceries? eat out? have oil changed? Have car washed? drink coffee, tea, or Jamba Juice? buy gas, go shopping, buy gifts, etc. etc

Then Scrip is for you! Buy scrip AND help raise money for the church.

Mother's Day and graduations are coming up so get your orders in for the MAY 5 order!

As a bonus this month, all Columbia Sportswear orders will receive a free pass to the Employee Store!

Taking Mom out for lunch or dinner? Why not buy a scrip card to one of many restaurants including

McGrath's, Old Spaghetti Factory, Olive Garden, Outback Steakhouse to name a few.

What about a gift from Kohl's, Bridgeport Village, Macy's, Regal Cinemas, Bed Bath and Beyond,

McMenamin's/Ruby Spa. Or wash Mom's car at Kaady or Washman's Auto Spa.

By doing so, for example, the church receives 26% back! WIN WIN WIN for all!

What is scrip?

Retailers sell gift certificates/cards to SOV at a discount (4%-40%). You pay full price for the gift certificate, and SOV keeps the difference as revenue to be used for ministries. What's the catch?

The gift cards spend just like cash. You don't pay any more than you would if you bought them at the store. You use them for your everyday purchases like groceries, clothing, toys, home improvement and gas. The only catch is you have to plan ahead to have gift cards on hand. Where can I find the list of retailers?

The scrip order forms are found on the back table at church on a clip board, or down load a copy of the order form: http://www.ttsdschools.org/files/ lugjp/80d75d2c01c84a743745a49013852ec4/ Personal Form Spring 2013.pdf Remember scrip for Mother's Day, birthdays, graduation, sports parties, your business, gifts, the possibilities are endless.

How will I get my gift card?

Orders are placed on the 1st and 3rd Sundays of the month during the school year, once a month during the summer, delivered at church the following Sunday

Thank you to all that have ordered scrip. By doing so, you are contributing to ministries at SOV. IT's THAT easy!

Our earnings for 2013:

January \$218 Feb. \$264 March \$202 April \$218



TBP

TBP

TBP

Prayer Shawl Ministry

Prayer shawl members have been busy knitting and crocheting a number of beautiful shawls for those in need.

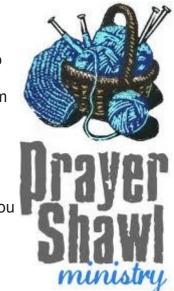
Two new members have joined us. Welcome Rachael and Laurie!

During Spring Break, a group of the youth got together and learned how to make baby hats using small round looms and hooks. Almost a dozen hats were finished that day, and more are in the works as the kids work on them at home. These little hats will be distributed to local hospitals for babies in the neonatal intensive care units. Thank you to Katrina, Charlene, Sabrina, Amber, Julia, Taylor and Avery!

This is a wonderful branch of our prayer shawl ministry.

If you would like to help, please contact us and we can get you started! You can also join us every 3rd Monday of the month at 7pm at SOV 5/20, and our new time of 1pm on the last Thursday of the month after the All Church luncheon. 5/30

Sat. May 11, 2013 11am Prayer shawl Ministry to host Mothers and Others Tea. Donations raised will help buy supplies like yarn and looms



MAY BIRTHDAYS

02 Solveig	17 Eric
02 Stephanie	18 Chris R
03 Tom Barnes	18 Lucas W
06 Bob MF	20 Jeff M
07 Denise	21 Chase H
07 David S	23 Bob MI
07 Arden	24 Jim T
11 Gabriel	28 Jeff W
13 Dolores	30 Gunnar
15 Chase M	



God's Blessing
For a
Joyful New Year
In

MAY ANNIVERSARIES

Gary and Sharon Graalum May 8th



ADA DOOR UPDATE



On behalf of Property management: Thank You to those volunteering their time and talent working and caring for the building and grounds! Many folks have noticed and then commented, with a smile, the colorful spring flowers in the landscape around the building!

General reminder on building usage and security: When you and or your committees use the building, Please check around and close and lock the door\s,(Upper and 2 lower fire escape doors) check and close All windows. (especially check kitchen windows, close and turn the latch

to lock them – they have been found open and or unlocked on many occasions) Please turn off kitchen lights, restroom lights, All Sanctuary lights, Narthex lights, Loft lights and office lights. If there are any questions or concerns, Please make them known to Tammy, Property co-chairs Connie, Jeff W., SOV President or VP. Thank you for your cooperation.

Regards, Property co-chair, Jeff W.

| MEN'S NIGHT, THURSDAY, MAY 2nd

6:30 PM @ GOLDEN VALLEY BREWERY
ALL MEN INVITED FOR FOOD AND
FELLOWSHIP



1 2 3 4 5 6 7 8 9

Once again we are assisting Love Inc with Packed with Love back pack project for 2013/2014 school year.

SOV has been asked to collect 800 Rulers

Just an eye opening reminder these back packs that we help Love Inc. fill are distributed to school age children in Washington County. Rulers will be collected through August 5th.

JUNE NEWSLETTER ARTICLES ARE DUE MAY 21ST

Kids of the Kingdon

PRESCHOOL AND KINDERGARTEN

May brings the end of our school year for the Preschoolers. Kindergarten will end the middle of June. We've had a wonderful year and our very thankful for the children and families in our school. We are also thankful for the support and help of Pastor Randy and Tammy McDonald, the church secretary.

We are offering a summer camp program in June for Preschoolers. You can check out the

information at www.sovlutheran.com. We are also continuing to enroll children in all our classes for next Fall and look forward to another blessed year of SOV's ministry for young children and their families.



Kindergarten News

In April we learned about animals that hatch from eggs. We hypothesized about what would happen to an egg if

we put it in a jar of vinegar, then kept a journal to record our observations. We also hypothesized what would "hatch" from an egg we put in a dishpan full of water. It turned out to be a dinosaur! We spent two weeks learning about farms and farm animals. Mrs. Wishy-Washy and stories about her farm animals are some of our favorites. We celebrated Earth Day and illustrated a special book about the earth. We talked about what it means to be good stewards of all that God has given us. We enjoyed eating several snacks that tied in with what we have learned all month including "wonderful mud" pudding. We visited the Oregon Zoo and noticed the farm animals and rain forest animals in particular.

In May, we will be reviewing and practicing what we have been learning all year. We will be learning about insects and observing caterpillars turning into butterflies. We will learn about pond animals and rain forest animals. We will continue practicing money and time concepts. We will keep writing in our journals, practicing decoding words and reading our emergent readers, and working on math problems. We will be making a special gift for our Mothers in honor of Mother's Day. I will be assessing the children's progress later this month and scheduling year end conferences. Your children are a blessing. Every day is new through their eyes. Thank you for sharing them with me. *By Mrs. Rasmussen*

Preschool News

In April, our Kids of the Kingdom preschoolers learned all about spring. We made our own spring daffodils for the classroom and created a book about spring to read to our parents at home. We studied flowers and plants, and diagrammed all of their different parts, from root to flower. Everyone got to plant some seeds of their own, and we have some poppy and nasturtium sprouts now growing in our classroom! We talked about Jesus performing all kinds of miracles, and even making a blind man see. We also learned about animals that live on the farm, and pretended to be some ourselves. At craft time, we made our own wooly black sheep and muddy pink pigs to take home. We learned our left from our right, and practiced writing all kinds of farm words. We also read the story of Jesus feeding 5,000 people with only a little bit of food.

KOK Continued...

To end April, we talked about prayer and learned all about bugs and insects. We made ladybugs at craft time and even our own caterpillars. We also learned about how a caterpillar turns into a butterfly and created some pretty cool ones ourselves. During the month of May we will be learning about how God cares for us and loves us through the teachings of Jesus. We will also be studying all sorts of animals and the places they live. We will learn the story of Jonah and the Whale, and study lots of creatures that also live under the sea. As the year is coming to a close, we will be talking about graduation and all of the fun activities there are to look forward to over the summer months. *By Mrs. Johnson*



Director of Music

It has been a wonderful Easter season for SOV musically, and we have had many changes take place in the last month which you may have noticed!

You may have noticed our rearrangement! We must thank the folks who assisted in that space and sound setup, and in the ideas, **Jim T, Matt K, Arden T, Linda G, Pastor Randy, Ann S, Debbie Z and Tom B**. It has made the choir more visible to me, and vice versa, as well as created a more balanced sound for the space. We are expecting a baby grand piano, being generously donated to us by **Caryl Husk**, and it should arrive sometime in the next few weeks!

Our band has grown and changed quite a bit. Thank you to all who attended the Celebration of **Patricia's** 17 years of service as organist at SOV. We really wanted to thank her for all of the time and energy that was so dedicated to our music. We were also honored to have **Taylor G** on Keyboards again, through Lent, offering us accompaniment support and stylistic variation for our hymns. A new addition to our midst, **Stacie S** (her husband Thad and her two girls as well) stepped in right away to assist us and contribute to our sound for Easter service and has since become a

valuable member to the alto section. We are hoping to see more of her in the next few weeks. And then of course there is **Steve W**, who has now been on board as our consistent percussionist for about three months, and it is truly a blessing. He has really upped the caliber and variety of the music we are able to produce in worship services. "Glorious" has never sounded better! His presence has allowed **Tom B** the freedom to follow his true passion musically, which is guitar. Thanks also to **Arden** for his trumpet skills, and to **Julia K** for a beautiful prelude at yesterday's 11 am service. What a fine group of musicians!

The last few weeks have been even more exciting for our choir. We were able to learn and perform 11 new choral anthems through Lent and Easter weeks, along with all of the other service music in their repertoire. That number is phenomenal, and I believe it is the most



Director of Music Contd...

music ever learned by the SOV choir in such a short amount of time by a long shot! Thanks again to **Sue M** and **Christine E**, our two Choir Librarians for helping keep it all organized! We hope you will join us on **Sunday, June 2nd at 7pm for SOV's first annual Spring Variety Show!** It will include several choral numbers, and we are hoping to include a mix of dance, theater, comedy acts, magic tricks, and other fun performances! *Please contact Jameson (music@sovlutheran.com)* A.S.A.P. if you or someone you know might be interested in performing!

A reminder to all to please continue to keep **Bob M** and his family in your prayers. We certainly miss his shiny committed presence in our choir.

ALL CHURCH LUNCHEON

Thursday, May 30, at 12 Noon we will be honoring our SOV members that have turned 80 years old this past year as well as those that have already entered their 80's or even older!

This special event is being combined with our "Every member luncheon" that is always held the last Thursday of the month at Noon.

Everyone attending that is 80 years and older are encouraged to bring some photo's of themselves to share. We will have special treats and birthday cake to honor our special Seniors.

Our members are encouraged to invite friends and family members that are 80 years old and older. We will include

them in our celebration. Please let Tammy, Diane or Peggy know who you are bringing so we can include them in our plans.

Come and be part of this fun celebration and enjoy this wonderful fellowship time together!

Sunday, May 19th Pentecost Sunday

Confirmation Celebration @ 11:00 a

Blessings on Jean, Jonathon, Mitch and Zoe



Life is Great at

SOV Summer Block Party!

Saturday, June 29 starting at 5PM! On the grounds of SOV!

Everyone is invited to come and join in with fun, fellowship, activities and of course, food. Please invite your friends, family and anyone from the community as we launch our first Block Party to welcome in summer together.

We will be supporting our youth's fireworks sale, have some fun intergenerational activities, have time for conversation and enjoy a meal together.

All committees will be asked to help in the preparation and planning of this event. The details will be planned and announced in next month.

This will be an opportunity to help support "our reaching out" through things that are being discussed to support the Gem Ministry; "reaching in" to share God's love with each other as the family of Christ and support our youths fireworks fundraiser and "reaching out" as we extend an invitation to our community to participate.

Be thinking about what food group that you would like to add to our menu. (Maybe a cold or hot dish, salad or dessert?)

We are in the planning stages so if you have an idea please let us know. All suggestions and offers to help create this event are encouraged and welcomed. Please email or call Tammy and she will forward the ideas as we go forward to put into action our mission statement to be "a caring community, touched by Christ as we reach out to touch others for Christ".

Remember! Saturday, June 29 @ 5 PM. SOV's first Block Party!



May 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 10:00 Bible Study 7:00 p Choir Rehearsal	9:00 - 2:00 p KOK 6:30 p Men's night	9:00 - 11:30 a KOK	Celebration of Life Helen Jean Tegner 2:00p Many HS/MS Bowling
5	6	7	8	9	10	11
8:30 & 11:00 a Worship Birthday, blood pressure, scrip Sunday 1:30 p OEC 5:00p Transport	9:00 - 2:00 p KOK	9:00 - 2:00 p KOK/Chapel 10:30 a Fellowship mtg 6:00 p Ladies Dinner @ McGraths	7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 7:00 p Choir Rehearsal	9:00 - 2:00 p KOK 7:00 p LLL	9:00 - 11:30 a KOK	Mothers and Others Tea 11:00 a
12	13	14	15	16	17	18
8:30 & 11:00 a Worship 1:30 p OEC	9:00 - 2:00 p KOK	9:00 - 2:00 p KOK/Chapel	7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 7:00 p Choir Rehearsal	9:00 - 2:00 p KOK 10:00 a LLL 7:00 p Council	9:00 - 11:30 a KOK	Baby Shower 2-4 p Valorie Vermaas
19	20	21	22	23	24	25
8:30 & 11:00 a Worship Pentecost Sunday Confirmation 10:00 a Keep Your Mind for Later Use Scrip Order 1:30 p OEC	9:00 - 2:00 p KOK 6:30 p Piano Recital/Stacie 7:00 p Prayer Shawl	9:00 - 2:00 p KOK/Chapel	7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 7:00 p Choir Rehearsal	9:00 - 2:00 p KOK	Memor	rial _{Day} eekend
26	27	28	29	30	; a	Wall.
One Worship Service 10:30 a (Summer worship begins June 2 8:30 & 10:30) 1:30 p OEC	REMEMBER THOSE WHO SERVED Memorial Day	9:00 - 2:00 p KOK/Chapel	7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 7:00 p Choir Rehearsal	9:00 - 2:00 p KOK 10-12 LLL Luncheon 12:00 p All Church Luncheon & 80th 1:00 p Prayer Shawl		