

**FEBRUARY 2013**

# SHEPHERD OF THE VALLEY LUTHERAN CHURCH NEWSLETTER

Volume 1, Issue 1

Shepherd's Office Hours;  
Mon-Thurs 9:00—2:00

Pastor Randy's Office  
Hours;  
Tues-Fri 9:00 -12:00  
(by appt after 12:00)  
Office phone;  
503.645.4994  
Sovlutheran.com

Winter Worship Services  
8:30 a & 11:00 a

Nursery available at both  
worship services

Sunday School for all  
ages 9:45 a

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"A caring community  
touched by Christ,  
touching others for Christ"

## YOUTH GROUP NEWS...

### MS YOUTH GROUP:

**February 3rd**

5:00 - 6:00 p (meeting)

**Saturday, February 9th**

5:00 - 8:00 p

Babysitting Fundraiser night

Valentines Day night out!



### HS YOUTH GROUP;

**February 2nd**

Movie night @ Caitlin's

Meeting, Sunday, **February 3rd**

6:00 - 7:00 p

Babysitting Fundraiser Night

**Saturday, February 9th**

5:00 - 8:00 p



## PASTOR'S PAGE

*"Jesus said, 'Let the little children come to me,'" Matthew 19:14*

Those words of Jesus are ones that we return to again and again, for many reasons. Often times simply to remind us of the importance Jesus placed on children in a society that didn't necessarily hold them in high esteem. A good reminder for us as well. I recall them here because of something I want to share with this church family.

Beginning last fall I attended a couple of meetings concerned with something called the "School Partnership Network". In short what this network is about is finding ways that churches can partner with local schools, building genuine relationships and helping the children of those schools through meaningful service. That service takes place in all sorts of ways of course, and some churches have already begun by doing grounds and building maintenance, gathering school supplies, clothes, food etc.

I met with the Principal and the Student Supervisor of McKinley Elementary on January 17th to talk about what their greatest needs are. This is a school that has a great many challenges with a relatively transitory population. Their greatest need is for people who can spend some time in the class room, with the greatest need being with kindergarten through 2nd grade. That time in the class room might come in a variety of ways. Through math or reading groups, one on one time, sometimes just being present for and encouraging little ones.

How much time? Ideally, one hour, one day, a week. (Hopefully the same time every week.) That may seem like a lot, or maybe something doable. Think of this for now. There is just a little over 4 months of the school year left. That is a not a long commitment, but long enough to find out if this something that you as an individual, that we as a family of faith, can do together. This can be a grand way for us to "reach out".

If you have any interest, more questions, whatever, please let me know. We will also share more time talking about this, but the desire is to respond quickly, get necessary back ground checks done, and meet with the school folks and find out how we can make a difference in many lives.

Please contact me.

In Christ,  
Pastor Randy

## **COUNCIL PRESIDENT'S REPORT...** Submitted by Lee Bonacker

Hello Everyone,

It's a brand new year with brand new opportunities and expectations. (I expect to continue breaking some of the resolutions I made for 2013 – namely the dietary ones...) Shepherd starts off this year with a strategic plan, and healthy cash flow. So we have both a framework for guidance and some practical ability to work towards achieving the goals that are part of "Reaching Up, Reaching Out and Reaching In." In February, committees will bring their activities to Council, showing how their efforts fit into these three aspects of the Strategic Plan. We will all talk about the next steps for implementing the Plan during February's Council meeting. Please remember that anyone can come to Council, so if you have a topic you would like to put on the agenda, just contact me. You are always welcome.

The congregational meeting on the 6<sup>th</sup> of January went well, and approved the budget for 2013 plus a constitutional amendment allowing telephone and video conferencing participation at Council meetings. Since the constitution was written before programs like Skype and the availability of so many features on cell phones, it seemed time to allow Council members to participate in the same ways meetings are held in business or during personal activities. Congregational meetings still require members to be present.

In this new year, there are (and will be) several items in the church with a new look. The front ADA doors have been fully funded. Jeff is gathering updated quotes in order to select the right bid and begin installation. A larger screen was installed in the narthex; thanks to Arden, Jeff, James and others who assisted that effort. This enlarged version of the kiosk will interface with the Shepherd website, which Aaron has re-designed and improved with a new appearance and upgraded functionality. Ultimately, the goal will be live streaming for church services. Not only will the podcasts be available on the Shepherd website, but services will also be visible as they occur. So even if we are unable to attend physically, we can still attend virtually via the computer.

This January, we said goodbye to James and Jenny who have moved to Spokane. Thanks to James for his work on Evangelism, and all his other contributions. Shepherd benefitted from his enthusiasm, musicianship and love of technical improvements. Unfortunately, this January also saw the passing of Ken, who will be sorely missed. He was a long-time Shepherd member and served on Council as the Treasurer. He blessed us all with his practical view of life combined with that wry sense of humor. We will all remember the twinkle in his eye when he would tease about something. But we know that Ken is surrounded by the Lord's love and the beauty to come, which is waiting for all of us. We send condolences to his loved ones and are glad that he was part of our lives.

The music program continues to develop at Shepherd with new voices in the choir, new songs during worship and added instruments for special events such as Christmas. Thanks to Pat, Jameson, Tom and everyone who is doing such a great job. The UO Gospel Singers and their band will give a concert on Saturday, February 23rd at 6pm. Shepherd is holding this benefit concert to help them raise money for their trip to China in March. Tickets will be \$20.00 each and space will be limited, so please remember to reserve a seat by going on the Shepherd website and clicking on the image for the event and following the prompts.

Finally, this newsletter ends with a plea to the congregation for new Sunday school teachers

and people interested in Parish Education. Did you know that the entire makeup of the Parish Education committee will have to be redone in June? Many of the people on that committee have given years of service to Shepherd's children and it is now time for others to pick up the ball. The importance of youth programs and Christ-centered educations is always emphasized whenever we speak together about Shepherd's values. So everyone who has a heart for kids, please call me, Lisa, or anyone on the Parish Ed committee. There is an existing curriculum, so the tools are ready at hand and knowledgeable people can provide training. Looking Forward to Being With You in 2013,

## SOCIAL CONCERNS

*The GAP Essentials Ministry (GEM), in association with Love INC Beaverton, is continuing on strong. Since October 2012, the GEM Ministry has provided essential items to 8 families in need. Our inventory is made up entirely of donations from members of the church. In order to keep the ministry going, we ask that you please check the bulletin each Sunday for any possible items for which we are in need.*

*We're recruiting! If you're interested in volunteering or curious about the Social Concerns committee, email Dan and Rachel at [rosh0021@umn.edu](mailto:rosh0021@umn.edu) or call us at [\(320\) 492-5312](tel:3204925312).*

***Shepherd of the Valley*** is proudly sponsoring an American Red Cross blood drive Monday, February 18th 1:30 - 7:00 pm

*We encourage all eligible persons to help our local community by giving the gift of life. The blood donation process takes about an hour of your time and could save up to 3 lives.*



*First time donors are welcome! For more information and/or to schedule your appointment to donate blood please call 800-787-9691 or 503-284-4040.* ***Walk - in's Welcome***

## MARCH NEWSLETTER ARTICLES ARE FEBRUARY 25TH

## ADULT SUNDAY SCHOOL CLASS SERIES

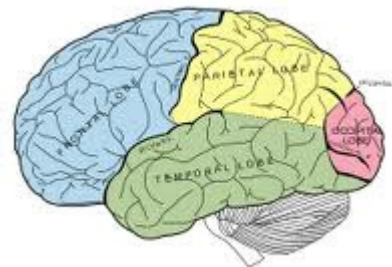
February 17th @ 10:00 am

### The Role of Connections: We Get By With a Little Help from Our Friends

“Agreeable society is the first essential in constituting the happiness and, of course, the value of our existence.”

*Thomas Jefferson*

One of the most important components to happiness, as Thomas Jefferson has pointed out, is having agreeable friends with whom to spend time. Having a diverse social network, according to Dr. Gene Cohen, the director of the Center on Aging, Health and Humanities at George Washington University, is also a factor in keeping our brains healthy as they age and mature. (It’s a protective factor of good mental health at every age.)



Research shows that as we age, we are less likely to suffer fools gladly, and seek out friends we can trust and respect, even while we are also more able to cut those with whom we disagree a little more slack. That may seem like it narrows down the choices for friends, but Dr. Cohen argues for a balanced “social portfolio” with friends drawn from diverse settings. For example, some friends may be those who enjoy going to the theatre, some may be part of a dinner group; some may be docents at a museum or volunteers at a local non-profit.

Dr. Cohen also suggests that some of our activities be high mobility – getting out there and doing things like hiking or golfing, and others be low mobility, like a book club. The high mobility activities are physically good for us and will expose us to different group of friends, and the low mobility activities will protect our time with friends if we become more disabled (less able to hike, for example).

And giving back is one of the most meaningful ways to spend time with friends – working together on a common cause for the good of others. We have lots of ways to help at church, or check out the United Way, which will have lots of other ideas, as well. We all get by with a little help from our friends!

**MEN’S NIGHT, THURSDAY, FEBRUARY 7TH**

**6:30 PM @ GOLDEN VALLEY BREWERY**

**ALL MEN INVITED FOR FOOD AND FELLOWSHIP**



# Kids of the Kingdom

## FALL 2013 Registration is now open!

Registration and enrollment is now open for all of our classes for the school year 2013-14. Please visit the church's website at [www.sovlutheran.com/kok](http://www.sovlutheran.com/kok) for information about our classes, schedule and fees. Registration forms can be found there also. Please share this news with family, friends and neighbors with children ages 2-5. Have them contact us by phone or email with questions and let them know we will gladly provide tours of our school anytime.

## Loving our Neighbors

From February 18-28, Kids of the Kingdom will sponsor a non-perishable food drive to show our love for our neighbors. This is part of our February LOVE month curriculum. A box will be available in the sanctuary if you would like to donate non-perishable food for this. In March, the school will deliver the food collected to the Oregon Food Bank and take a tour of the facility.

## Kindergarten News

In January, we made snowflakes using 2-D shapes. We learned that snowflakes have six sides just like hexagons. We made a snowman glyph and responded in writing to the story, Snowmen At Night. We had snow cones for a snack and also made a snowman snack from a white donut and some candy decorations. We had a pajama day, listened to winter stories, drank hot cocoa, and had French toast sticks. What fun we had! We added a money page to our calendar math books and are learning to recognize pennies, nickels and dimes. We are also learning their value and how to write the number of cents using the cents sign. We practiced telling time to the hour. We have been practicing our letter formation and worked on recognizing those tricky bs, ds, ps, and qs. We practiced stretching out the sounds in words and identifying the middle and ending sounds. We continued working on phonics and are now in book C of the Explode the Code series. We have enjoyed going to chapel with Pastor Randy and learning about Jesus as a child.

February brings us St. Valentine's Day and friendship. We will learn about love in many forms—God's love for us, loving our families and friends, who are neighbors are, and how to care for them. We will begin a food drive to help share God's bounty with our hungry neighbors. We will read the story, Stone Soup and make friendship soup to share at lunchtime. We will have a small St. Valentine's Day celebration and exchange cards and words of friendship. We will continue stretching words out and recognizing their individual sounds. We will add new popcorn sight words to our memories and continue practicing the ones we have learned. We will add new word families and keep on reading and reading and reading words and sentences. We will count and regroup objects and practice decomposing numbers, finding new ways to make fact families. We will learn names of common 3-D shapes and find everyday examples of them. We will keep working in our calendar math books using our counting, writing, and thinking skills. We will be celebrating Zero the Hero Days 80 and 90 on our way to reaching the 100<sup>th</sup> day of school. *Submitted by Mrs. Rasmussen*





## Preschool News

In January, the Preschool classes were busy learning all about snow and ice. We played with ice and polar animals, dressed in hats, mittens and scarves, made glittery snowflakes and had a Pajama Day with hot chocolate. We read stories about Jesus, and what life was like for him as a boy, and going to the temple. We also learned about Polar Animals and Gingerbread, and we even made some Gingerbread Houses of our own! In February we will be talking about friendship and celebrating Valentine's Day. We will also be learning about our growing bodies and the community, and starting a food drive to help feed the needy in our community. *Submitted by Mrs. Johnson*

## ADA DOOR UPDATE

Last year the project was quoted with a center post like we currently have. During the course of 2012 more and more need was placed on ADA access. The center post makes it difficult to get a wheel chair through the door along with large items moved in and out. For example, when we host the blood drive. They have carts that rub the door and hardware as it passes through due to the center post.

We have contacted the contractor about this subject. The center post is used to secure the front doors plus it houses the cardkey electric latch. These items will need to be installed in a different manner, if possible. The scope of the project has been asked to be changed. It does make sense. Research is in process to find a solution that will match our application. Thank you for your patience.



Regards,  
Property Co chairs, Connie and Jeff

### Ladies Lunch

Tuesday, February 5th 12:00pm

Red Robin at Tanasbourne

Please RSVP to Lynn or Vesper (gift cards have been pre purchased so if you plan to attend and do not have a gift card please consider buying one for \$10.00 /available ahead of time or at the luncheon through Lynn) and help support SOV's Scrip Program)



## FEBRUARY BIRTHDAYS

03 Shayne J	18 Bruce G
05 Nathan	20 Divine I
08 Marty M	21 Sue M
08 Verna	23 Jim A
10 Kathy T	23 Gary G
12 Dave R	23 Marion L
16 D.J S	28 Dean K
17 Mitch R	29 Skylar J



God's Blessing  
 For a  
 Joyful New Year  
 In  
 Life!

### **Prayer Shawl Ministry will be meeting Monday February 18th.**



**Prayer Shawl Ministry**

If you have any interest in knitting or crocheting but don't know how, our prayer shawl team will be happy to teach you. The purpose of a prayer shawl is to give someone a tangible example of God's love and care. The shawl is made of soft yarn so the recipient can wrap up in it and feel God's arms around him or her. A prayer shawl is made with prayer. The maker of the shawl prays before, during, and after they work on the shawl. Sometimes we know who we are making the shawl for, and sometimes we don't, but we pray for the person who receives it just the same. Any questions can be directed to Brenda,



## LENTEN SERVICE

### *Easter Lenten service schedule*

*Tuesday, February 12, 2013 Shrove Tuesday Pancake Dinner (youth fundraiser) 5:30 p*

*Wednesday, February 13, 2013 Ash Wednesday Service 11:30 am  
7:00 pm*

*Wednesdays of Lent: February 20, 27 and March 6, 13, 20  
Soup Supper 5:45 pm  
"Facing the Cross" Devotion 6:30 pm*

*Palm Sunday March 24, 2013 services at 8:30 & 11:00 a*

*Easter Sunday March 31, 2013 services at 8:30 & 11:00 a*



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## EVANGELISM...Submitted by Peggy Vermaas

This month we say good bye to James and Jenny G. James has anchored SOV's Evangelism committee for many years and we have appreciated his commitment. Blessings to you both on this new journey. Harvey A. has stepped forward now to lead the E/O committee. Thanks to Harvey for his willingness to help.

WE HAVE A NEW FLAT SCREEN!! Have you noticed the new screen in the narthex?? Our goal is to make information more accessible to all and hope you will take notice of the screen and the information. The E/O committee is focusing on improving our information technology so all can be informed and involved. Give us your feedback. All ideas are welcome.



WE HAVE A NEW HOME PAGE!! Aaron Z. has devoted lots of his time and high tech skills to improving our website. Our goal is to make our website welcoming to both newcomers and to OLD TIMERS!! Take a look and appreciate the progress.

OUTREACH MINISTRIES: Our CD ministry is up and running. Let Pastor and Ginny A. know if you, or someone you know, would appreciate receiving a CD (and CD player if needed) of one of our services. Calls, Cards, and home visits are occurring. More planning and information on the Severe Weather Shelter Program is in the works. The School Support Program is also in the works . . . we are waiting to hear from the schools their plans and needs.

Come and join us!!! Our meetings are the second Thursday of each month at 10:30 AM at SOV. All are welcome.

Shrove Tuesday... Pancake Supper...

Youth Group Fundraiser

Tuesday, February 12th

5:30 pm @ SOV

Shrove Tuesday



## FELLOWSHIP COMMITTEE

After the busy Christmas holiday season, the quiet afterwards is appreciated. At SOV we ended the year with two great Fellowship events . . . our New Years Brunch and our monthly member luncheon. The OEC Church again joined us for our brunch where the connecting between our congregations grows. Of course, the food and the fellowship was appreciated by all. It is a wonderful way to end the year and begin a new one. Then, Fourteen people attended our 'end of the year' member luncheon. The menu was spaghetti and the conversation was joyful. Thanks to all who attended. Connecting with one another is always so good.

This year January has brought some special good bye's for SOV. First, our dear friend Ken Harris passed away and we said good bye to him at a special fellowship on Sunday, January 20th. Ken was a blessing to all who knew him and will be greatly missed. Prayers continue for his family and friends. We also said good bye to James and Jenny Graham who have moved to Washington. On Sunday the 20th we presented them with cards and a special gift from SOV. We wish them the best with this new journey.

**HELP WANTED:** Your Fellowship committee is seeking your assistance with the weekly kitchen clean up as well as providing supplies and treats. We also would need more committee members to share the workload. Our next meeting will be scheduled soon. Watch the bulletin for the date. Come and join us!

**UPCOMING EVENTS:** The January member luncheon is coming up. Then, plans for the '80's and Over' party will soon be in the works. More connecting to come. Blessings to all!!

## Benefit Concert

[Shepherd of the Valley Lutheran Church](#) will be hosting a benefit concert as part of the church's mission to reach out to the community and bless others.

"**Reaching Out**" will help raise necessary funds for the [University of Oregon Gospel Singers](#), two time National Champion Gospel Choir, as they travel to China this spring in an unprecedented cultural exchange. In March, the group will sing on the Great Wall of China and other venues to share the gift of uplifting spiritual music to a country where hope is scarce for many. All funds raised at the concert will help cover the costs of international airfare, Chinese student visas, bilingual tour guides, and other fees not covered by the University of Oregon. The group must raise \$25,000 before their trip in March 2013.

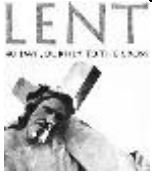





The Concert will be held at [Shepherd of the Valley Lutheran Church](#) in Beaverton, OR as part of the church's mission to reach out to the community and bless others.

Two concert times scheduled on February 23, 2013. 3:00 pm and 6:00 pm. Visit [sovlutheran.com](http://sovlutheran.com) to reserve your seat. Suggested donation is \$20.00 per seat.

If you cannot attend but would like to make a tax deductible donation, please make your check payable to: *The University of Oregon*

*memo: Gospel Singers  
University of Oregon  
School of Music and Dance  
Attn: Andiel Brown  
961 E 18th Ave.  
Eugene, OR 97403*

# February 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><i>Lent is a time when many Christians prepare for Easter by observing a period of fasting, repentance, moderation and spiritual discipline. The purpose is to set aside time for reflection on Jesus Christ - his suffering and his sacrifice, his life, death, burial and resurrection.</i></p>					1	2
3	4	5	6	7	8	9
8:30 & 11:00 a Worship Scrip Order 1:30 p OEC	9:00 - 2:00 p KOK/Chapel	9:00 - 2:00 p KOK/Chapel  Ladies Lunch 12:00 p @ Red Robin	7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 10:00 a Bible Study 7:00 p Choir	9:00 - 2:00 p KOK  6:30 p Men's Night  7:00 p LLL	9:00 - 11:30 a KOK Preschool  7:00 p Confirmation Retreat	7:00 p Choir Rehearsal  Confirmation Retreat contd.  Babysitting Fundraiser 5-8
10	11	12	13	14	15	16
8:30 & 11:00 a Worship Birthday's Blood Pressure 1:30 p OEC	9:00 - 2:00 p KOK/Chapel	Lincoln's Birthday 9:00 - 2:00 p KOK/Chapel  Mardi Gras  	7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 10:00 a Bible Study Ash Wednesday 11:30 & 7:00 p service  	9:00 - 2:00 p KOK	9:00 - 11:30 a KOK Preschool  	7:00 p Choir Rehearsal
17	18	19	20	21	22	23
8:30 & 11:00 a Worship Scrip Order Keep Your Mind For Later Use 1:30 p OEC	No KOK  Red Cross Blood Drive 1:30 - 7:00 p	9:00 - 2:00 p KOK/Chapel	7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 10:00 a Bible Study 5:45 p Lenten Soup 6:30 p Lenten Devotion 7:00 p Choir	9:00 - 2:00 p KOK  10:00 a LLL 7:00 p Council Mtg	Washington's Birthday 9:00 - 11:30 a KOK Preschool  	3:00 & 6:00 p UO Benefit Concert
24	25	26	27	28		
8:30 & 11:00 a Worship 1:30 p OEC  	9:00 - 2:00 p KOK/Chapel	9:00 - 2:00 p KOK/Chapel	7:15 a Coffee Group 9:00 - 2:00 p KOK/Chapel 10:00 a Bible Study 5:45 p Lenten Soup 6:30 p Lenten Devotion 7:00 p Choir	9:00 - 2:00 p KOK 12:00 p All Church Luncheon	<div style="border: 1px solid black; padding: 5px;"> <p><i>"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. John 3:16"</i></p> </div>	